Menai Swim Club

"Tomorrow's Champions"

2019/20 Race Night #5

Friday 27th March 2020

Event #	Distance	Stroke
1	15m	Freestyle
2	25m	Breaststroke
3	50m	Backstroke
4	100m	Butterfly
5	200m	Individual Medley
6	25m	Freestyle
7	50m	Breaststroke
8	100m	Backstroke
9	200m	Freestyle
10	15m	Backstroke
11	25m	Butterfly
12	50m	Freestyle
13	100m	Breaststroke
14	25m	Backstroke
15	50m	Butterfly
16	100m	Freestyle
17	200m	Backstroke

CONDITIONS OF ENTRY

1. The meet is conducted under the rules of Swimming NSW and is Area approved
2. The Head Coach reserves the right to amend the program and conditions of entry
3. All events are timed finals.
4. ***ENTRIES:***
   - ***a.*** **OPEN** ***Monday 2nd March 2020***
   - ***b.*** **CLOSE** ***Wednesday 25th March 2020 at 11:59pm***
   - ***c.*** ***MAXIMUM*** of ***THREE (3)*** events per entrant
   - ***d.*** ***NO LATE ENTRIES*** will be accepted
   - ***e.*** ***Registered Swim Club Members*** via Swim Central - ***https://swimcentral.swimming.org.au/***
   - ***f.*** ***Non Members*** – email Swimmer Name, Date of Birth and Events to ***coachmenaiswim@gmail.com***
   - ***g.*** Entry Fee $5.00 per swimmer
5. No refunds will be provided
6. Enquiries via email to Head Coach, David Ryan: ***coachmenaiswim@gmail.com***

PROUDLY SUPPORTED BY:

Menai Swim Academy

Jemena bringing energy to life

A.H.BEARD Improving Lives Through Better Sleep.